

A**Seakayaking along the Cape Breton Highlands**

1/2 & full day tours • Extended 2-5 day Tours • Easy rentals

www.kayakingcapebreton.ca

1-888-616-1689

Shore Road, Near Cape North

B**Sea Spray Outdoor Adventures**

Cape North / Smelt Brook 902-383-2732

Experience the beauty, history and culture of northern Cape Breton through:

*Bicycle Rental Packages, Guided On- and Off-Road Bicycle Tours, Guided Hiking Tours, Guided Introductory and Intermediate Kayak Tours Half Day and Full Day Experiences,**all north of Cape Breton Highlands National Park*office@cabot-trail-outdoors.com www.cabot-trail-outdoors.com**C****North Highlands Museum**Culture Centre
Settler's Garden
Local heritage exhibits
Gift Shop
Internet access29263 The Cabot Trail,
Cape North
902-383-2579**D****Captain Cox's**

WHALE WATCH • BAY ST. LAWRENCE WHARF

(toll free) (888) 346 5556

www.whalewatching-novascotia.comFollow the Sign of
the Blue Whale**E****Oshan Whale Watch**

Bay St. Lawrence 1-902-383-2883, 1-877-383-2883

Watch whales, eagles, seals and seabirds along Cape Breton's most northern coastline with the Fraser family. Locally owned and operated, Oshan Whale Watch tours depart daily at 10:30 am, 1:30 pm and 4:30 pm: Whale sightings guaranteed.


oshan@ns.sympatico.ca www.oshan.ca

-  **Paddle** with Eagle North Canoe & Kayak; enjoy guided cycling, hiking or kayaking with Sea Spray Outdoor Adventures
-  **Whale watch** along our spectacular northern cliffs with Oshan Whale Watch, and Captain Cox's Whale Watch
-  **Learn** about our Celtic heritage at the North Highlands Museum
-  **Discover** the talents of 24 juried Cape Breton artisans at Arts North
-  **Browse** Country Crafts, The Cranberry Patch and T&R Crafts
-  **Shop** for Scottish regalia and research Scottish heritage at Tartans and Treasures
-  **Drive** the dramatic cliffside road to Meat Cove, Nova Scotia's most northern community
-  **Follow** our "Tour de Seafood" map to fresh dishes including oysters, chowders, mussels, crab and lobster.
-  **Walk** Cabot's Landing Picnic Park Beach explorer John Cabot's 1497 landing place
-  **Plan** a tour of our ten waterfalls with the information centre at the North Highlands Museum.

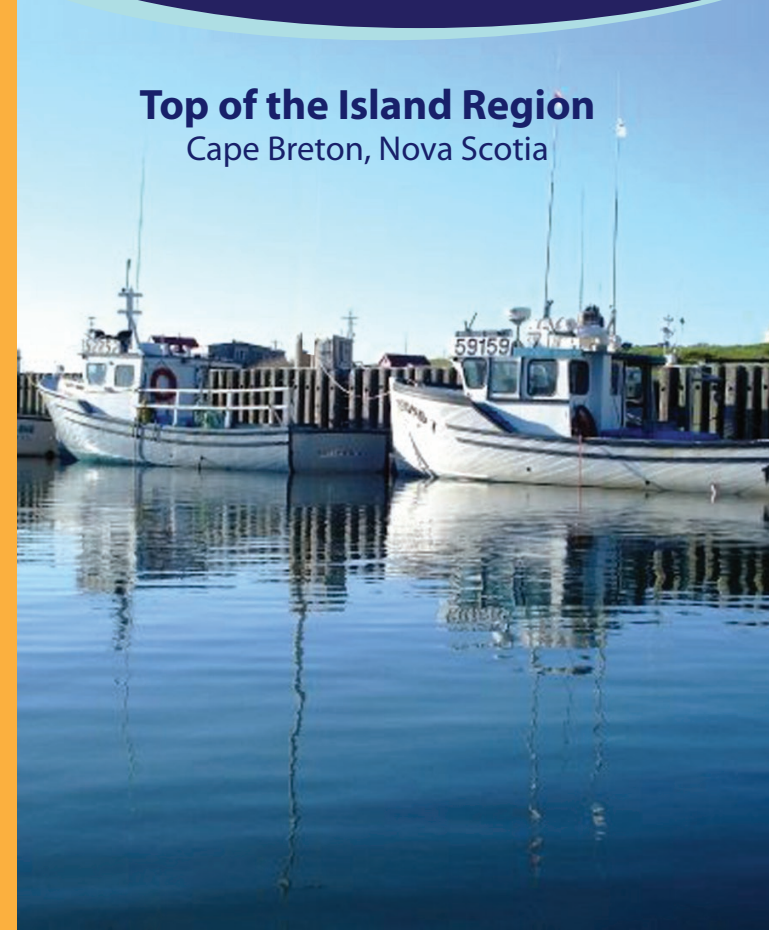
For more information visit:

www.northerncapebreton.com

Victoria Co-op Fisheries
is a proud sponsor of the Northern Cape
Breton's **Tour de Seafood** Map.

Victoria Co-op Fisheries offers fresh-from-the-boat seafood at the wharves marked with the fish symbols on the map 

Tour de Seafood

Top of the Island Region
Cape Breton, Nova Scotia**Follow our "Tour de Seafood" map to fresh seafood dishes including fish, oysters, chowders, mussels, crab and lobster**

1 Angie's Family Restaurant

Sit and enjoy a mouthwatering order of fresh scallops in an air conditioned and licensed family restaurant.

383-2035

2 The Bay Café

Here you can enjoy a large bowl of Nelda's tasty homemade seafood chowder while overlooking the Gulf of St Lawrence in an air conditioned relaxed atmosphere.

383-2334

3 The Bounty Take-Out

Alongside the harbor in Dingwall you will find this eatery which serves the finest of fresh fish and homemade French fries.

383-2108

4 Cabot Trail Food Market

Here you will find the quaint corner store with everything you need including a delicious lobster sandwich for a picnic on any of our beaches located throughout the Top of the island.

383-2677

5 Celtic Touch Pizzeria

Enjoy a mouth watering order of steamed fresh Cape North Mussels harvested less than a mile away.

383-2014

6 The Chowder House

Located along side of the fisherman's wharf in Neil's Harbour. The Chowder House offers the finest of fresh chowders with a twist, served in a bowl or a cup.

336-2463

7 Hideaway Campground & Oyster Market

Home of the world famous Aspy Bay Oyster, come visit where owners Sue and Alex always enjoy showing visitors how to shuck an oyster just freshly harvested only steps away.

383-2116

8 The Hut Take-out

Just at the end of the Bay St. Lawrence Rd. you'll find this lovely take-out ready to serve what many have said was their best serving of fish and chips they have ever eaten.

383-2513

9 Meat Cove Chowder Hut

Sit on the 24 foot deck overlooking the rugged cliffs of Northern Cape Breton while enjoying a serving of scrumptious seafood chowder .

383-2379

10 Meat Cove Welcome Centre

A chance to relax enjoy the scenic beauty of Meat Cove while listening to the soothing sounds of the river rumbling by while enjoying a meal of fresh salmon.

383-2284

11 Wind and Waves Take-Out

Amanda serves up her variation of a hardy serving of fish and chips for all to enjoy. A must eat for anyone who loves fresh fish and fries.

383-2634

